



1401 Highedge Dr.
Plano, TX 75075

DAY 1 BAND CAMP UPDATE

UPCOMING DATES:

JULY 31: Uniform Fitting & Gear Pick-up – See below for specific times.

Good evening, Viking Band Family!

I am so proud of our students for their incredible work today! We began the day as individuals, and by the end of our rehearsal, we were able to perform the opener to our contest show and take our first step together. What they have accomplished together is monumental, and I cannot wait to get back after it tomorrow as we become STRONGER.

Acclimation & Camp Preparation

Please help us reinforce healthy habits for our students' bodies.

- **Pre-Hydrate:** Please replenish by drinking water **before you go to bed**. Students will be given water breaks every 15 minutes during rehearsal.
- **Meals:** Students will be depleting calories – **PLEASE EAT BREAKFAST**. The leading cause of student discomfort is lack of food in the mornings. Please let the Directors know if you need assistance.
- **Fatigue:** As students become stronger, we will scale up our training. We will constantly adjust and monitor to acclimate our students to the heat and the activity.

Uniform Fitting & Gear Pickup

Please see the chart for your student's fitting time. Since we will all be new to the fitting process, we ask for your grace and patience as we retrain our volunteer team. **Please wear athletic shorts, a t-shirt, and socks for your fitting to ensure the best fitting.**

If you cannot make it for your timeslot, please email Madi Jacob (Madi.Jacob@pisd.edu) to schedule an alternate time.

Timeslot	Instrument
9:00-10:00am	Alto Saxophone, Baritone Saxophone, Bass Clarinet
10:00-11:00am	Clarinet
11:00am-12:00pm	Flute & Tenor Saxophone
1:00-2:00pm	Mellophone, Euphonium, & Sousaphone
2:00-3:00pm	Trombone
3:00-4:00pm	Drumline
4:00-5:00pm	Trumpet

See you all tomorrow!

Jonathan Cao