



1401 Highedge Dr.
Plano, TX 75075

MID-SUMMER UPDATE

July 11, 2022

Good afternoon, Viking Band Family!

We are so excited to see you in a few weeks for our Summer Training Camp! The Staff has been busy designing a great show for our upcoming season, and we can't wait to show our audience. Check out our teaser on our Instagram account @vineshsband.

In a few weeks, we will begin learning our show in preparation for our halftime and UIL performances. For new students, we will spend the majority of the morning outside, learning how to move around the football field to create formations, and we will spend the afternoon indoors learning our music for the performances.

Parents, please encourage your students to **spend the next few weeks acclimating to the heat by taking a short walk each morning outside**. While we will provide water breaks every 15 minutes, students' bodies need time to adjust to spending time outside. Directors and staff are trained to monitor students' conditions as well as follow district and state guidelines regarding heat and student health. Please also start **pre-hydrating** by drinking more this week.

Gear for Summer Training:

- Instrument, music, pencil
- LARGE Water Jug (1 Gallon)
- Athletic shoes with good arch/ankle support – no sandals, sneakers, or boots
- Loose-fitting shirts and shorts
- Sunscreen/SPF Lipbalm
- Sunglasses/Hat

For our full schedule, please visit our website at www.vinesband.info. All events list start and end times, as well as addresses for any locations other than Vines High School.

The Band Office will be closed until July 18th while our Student Leaders complete our training, but we will see everyone for our **Student and Parent Orientation at 4pm on July 24th in the VHS Cafeteria. Looking forward to seeing the 2022-2023 Viking Band!**

REMINDER: All students must have an updated pre-participation examination form on file per state mandate. For more information, please visit the **22-23 Viking Band Google Classroom** "FORMS" tab.

UPCOMING DATES:

JULY 18-22: STUDENT LEADERSHIP ONLY – Leadership Training – see calendar for specific times & locations

JULY 24, 4pm-5pm: Student & Parent Orientation, VHS Cafeteria

JULY 25 – AUGUST 3, 7:30am-11:30am, 1pm-5pm: Summer Training Camp – *students may stay on-campus or go off-campus for lunch break from 11:30am-1:00pm*

JULY 30: Uniform Fitting & Band Registration – schedule to come

AUGUST 4-5, 5:30PM-9:00PM: Wildcat Camp @ PSHS – details to come

AUGUST 8-9, 7:30-11:30AM: Summer Training Camp

AUGUST 10: First Day of School – NO REHEARSAL

AUGUST 12: Twilight Concert @ PSHS – itinerary to come

AUGUST 24: Football Game v. Byron Nelson HS @ Clark Stadium – itinerary to come